

# April G. Hayes

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## PROFESSIONAL EXPERIENCES

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**Love University Co-Founder and Therapeutic Guide 😊** , current

**Early Care and Learning Center Program Director**, 11/18-06/20

Bolton Valley Resort, Bolton Valley, VT

- Manage all duties related to opening a year-round licensed center.
- Hire and supervise year-round and seasonal providers.
- VTAEYC member, VT Early Childhood Advocacy Alliance member, 3 Stars in first year.

**Outpatient Psychotherapist**, 08/18-10/19

Oak Terrace, South Burlington, VT

- Accepted children and adults with concerns around anxiety, ADHD, relationship conflict, parenting support, depression.

**Mental Health Clinician**, 09/10-06/15

Howard Center for Human Services, Burlington, VT

- Provided behavioral consultation and training to parents, childcare providers, and preschool teachers.
- Provided in-home and community-based psycho-education, counseling, advocacy, and case management to families with children.
- Specialized in social/emotional development, group facilitation and training development.
- Diversity Committee Member.

**Childcare Director & Ski School Supervisor- seasonal**, 10/07-04/18

Bolton Valley Resort, Bolton Valley, VT

\*Off season experiences: obtained master's degree, property manager, traveled with daughter MI, CA & Mexico

### Positions to Note:

Crisis Clinician at Howard Center- Substitute, 10/07-04/08

School Age Site Director, 08/06-12/08

Residential Treatment Counselor, 02/05-5/06

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## EDUCATIONAL EXPERIENCES

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**Yoga Practitioner Certification**, 07/18

YOGAAthletica, West Los Angeles, CA

- Vinyasa Ashtanga 200 hrs

**Vipassana Meditation Course**, 09/17

Shelburne Falls, MA

- 10 day silent sitting, immersed in non-denominational meditation practice.
- Guided by S.N.Goenka

**Master of Arts in Psychology and Counseling**, 10/08

Goddard College, Plainfield, VT

- **Thesis topic:** Explanatory Style and Its Relationship to Achievement in Children.
- **Clinical internship:** St. Joseph's Home for Chronic Invalid Children, Cape Town, South Africa
  - Facilitated educational meetings with staff around mental health topics.
  - Performed 1:1 play therapy and group therapy with children.

**Bachelor of Science in Psychology** with a minor in **Applied Ethics**, 5/04

Northern Michigan University, Marquette, MI

- **Research Assistant:** Psychology Department, NMU, 9/03
  - Conducted research to decipher whether the paradigm of stereotyping norms based on occupation and gender has changed coming into the 19<sup>th</sup> century.
  - Worked with a team to test participants, analyze data, and critique experiment.

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## **PROGRAM DEVELOPMENT and COLLABORATIONS**

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**Kids' Night Out Programming**, 10/17-04/18

BoltonValley Resort, Bolton Valley, VT

- Developed and implemented programming for children ages 4-12 around ski culture.
- Supervised 3-4 staff around curriculum building, group dynamics and regulation strategies.

**ARC (Attunement, Regulation, Competency) Parenting Group Collaboration**

Early Connections Program: Sept. 2011-June 2012, Sept. 2012-June 2013, 2x weekly, 90 min. each session.

- Collaborated intensely with team members around new grant funded program.
- Worked closely with co-facilitator weekly to facilitate therapy groups around ARC curriculum.

**Grant Writing**, 04/07; 02/19; 03/20

Child Development Division- equipment grant for elementary school program 2,000

Make Way For Kids- start-up infant and toddler program 20,000

Make Way For Kids- start-up pre-k program 34,000

**Residential Program Development**, 01/05

Salvation Army White Shield Center, Portland, OR

- A key participant in developing and implementing a new behavioral system for adolescent mother's residential program.